



**IRISH MADE**

## scents of wellbeing

Aromatherapy is a field that is being studied in more depth in recent years, as scientists try to uncover more about the relationship between scent and healing. We already know that essential oils can enhance relaxation, improve mood and promote better sleep. **Petalwell** is a handbag-friendly diffuser developed by Carlow sisters Jacqueline Oglesby and Rachel Purcell. The beautifully designed accessory is filled with a blend of 100% natural essential oils which boost mood and enhance wellbeing. There are six blends in the range to promote different benefits, such as Sleepwell and Travelwell. The diffuser is available in House of Fraser (€59).